



TRAINING PLAN

Postdoctoral Fellowship in Clinical Psychology

2027–2028 Training Year



12–24 months

Full-time; one-year option or continue toward licensure

3 tracks

Child & Family · Adult Mental Health · Integrated Behavioral Health

Sept 7, 2027

Start date (Tuesday after Labor Day)

Brown Grand Rounds

Monthly, Warren Alpert Medical School

About Providence Behavioral Health Associates

Providence Behavioral Health Associates (PBHA) is an independent, multidisciplinary behavioral health group practice of clinical psychologists, clinical social workers, and psychiatric nurse practitioners. Founded in 2006, we provide behavioral health services across the lifespan at two Rhode Island offices, in Providence and West Warwick, and within primary care practices across the state. We also provide behavioral counseling and psychiatric medication management.

Training Site and Contact Information

Site name	Providence Behavioral Health Associates
Providence Office	1075 Smith Street, Providence, RI 02908
Kent County Office	1300 Division Road, Suite 301, West Warwick, RI 02893
Main phone / fax	(401) 369-9224 / (401) 369-9275
Website	providencebehavioral.org
Director of Training & contact	John F. Todaro, PhD · jtodaro@providencebehavioral.org

Application and Selection Process

APPIC Application Process

- Submit a CV and letter of interest to the Training Director, John F. Todaro, PhD, by **January 15, 2027**.
- We will coordinate an in-person or virtual interview to discuss the training program and ensure our site is a good fit.
- After interviews, the Training Director will notify you of your acceptance by email.

Offers by **Feb 15, 2027**

Final decisions by **Feb 26, 2027**

Extended (Non-APPIC) Process

- For applicants unable to meet the APPIC timeline, we offer a second path for the 2027–2028 training year.
- Send a cover letter, CV, and two letters of reference from current supervisors to the Training Director.
- We will review your materials and coordinate a virtual interview, then notify you of our decision by email.

Offers and decisions through **May 31, 2027**

Application Criteria

- PhD or PsyD from an accredited doctoral program in Clinical Psychology.
- Completed predoctoral internship in Clinical Psychology, accumulating approximately 1,500 supervised clinical hours.

Training Program Description

The postdoctoral fellowship in Clinical Psychology at PBHA offers advanced fellows a comprehensive training experience in psychological assessment and intervention. On acceptance, each fellow is assigned a licensed clinical psychologist who supervises the fellow's clinical activities.

The fellowship is a full-time clinical position lasting **12 to 24 months**. Fellows may complete a one-year fellowship, or continue into a second year to accumulate the supervised clinical hours required for licensure and to prepare for the EPPP licensing exam. The 2027–2028 fellowship begins **Tuesday, September 7, 2027**.

Fellows typically provide about 32 clinical hours a week, with a target of 28 to 30 patient visits. Integrated Behavioral Health fellows spend one to two days a week in partner primary care practices and their remaining days in PBHA clinics. At the start of the fellowship, each fellow and supervisor discuss the fellow's areas of interest and tailor the caseload to support those training goals. Within the fixed training schedule, fellows set their start and end times and administrative time with their supervisor.

Salary and benefits. Fellows receive a generous annual salary, health insurance, and three weeks of paid time off. Fellows who continue for an additional year are also eligible for the 401(k) plan.

Fellowship Tracks

Child & Family Postdoctoral Fellowship

The goals of this fellowship are:

1. To deepen training in empirically supported interventions for children and adolescents, including CBT, family systems therapy, and parent training.
2. To train fellows to coordinate care with the touchpoints in a child's life, including schools, pediatricians, and other medical specialties.
3. To provide training in the use of telehealth to deliver behavioral interventions.

Adult Mental Health Postdoctoral Fellowship

The goals of this fellowship are:

1. To deepen training in adult behavioral health and the use of empirically supported interventions such as CBT, ACT, and mindfulness-based approaches.
2. To strengthen case conceptualization and diagnostic skills, so that fellows become expert in the differential diagnosis of commonly presenting concerns in adult populations.
3. To provide training in the use of telehealth to deliver behavioral interventions.

Integrated Behavioral Health Postdoctoral Fellowship

The goals of this fellowship are:

1. To deepen training in integrated behavioral health.
2. To provide training in the use of telehealth as we integrate behavioral health into primary care.
3. To train fellows to integrate psychological services within medical settings and coordinate those services into each patient's overall treatment plan.

Training in Clinical Psychology

The training program has two phases. The supervisor determines readiness to move between phases, and the training plan is matched and paced to each fellow's prior clinical experience and demonstrated competence in psychological assessment and behavioral intervention.

Phase One spans the first two to four weeks and is primarily shadowing. The supervisor and fellow meet with patients together, discuss case conceptualization, and develop treatment plans. Fellows learn to document encounters in the electronic medical record and to coordinate care with internal and outside providers, including primary care physicians, psychiatrists, other medical specialties, and school-based counselors and therapists.

Phase Two offers independent patient encounters. The fellow conducts all new patient evaluations and ongoing treatment sessions for assigned cases independently, and reviews every session with the supervisor during the training day to discuss any recommended changes to the treatment plan. During Phase Two, fellows develop a panel of patients they follow and treat under supervision.

Supervision Plan

Fellows participate in at least one hour of individual supervision with a licensed clinical psychologist each week, and one hour of group supervision led by Dr. John Todaro with all PBHA trainees every other week. Fellows also attend the PBHA Wednesday noon meeting: behaviorally oriented, therapist-led case conferences on the first and second Wednesdays of each month, a staff meeting on practice operations on the third Wednesday, and a nurse practitioner-led, biomedically focused case conference on the last Wednesday. Through the staff meeting and operations discussions, fellows gain a transparent view of fee schedules, billing, collections, and risk management in a private practice setting.

Individual supervision reviews cases newly evaluated by the fellow each week, with detailed discussion of diagnosis, case conceptualization, and treatment planning. Group supervision covers clinical decision-making, documentation and administrative responsibilities, ethical issues in clinical practice, and professional development, and includes multidisciplinary discussion of integrating behavioral and psychiatric interventions.

Fellows also attend monthly Grand Rounds in the Department of Psychiatry and Human Behavior at the Warren Alpert Medical School of Brown University, for exposure to research and clinical presentations within the medical school.

Supervision and Training Meetings

Activity	Format	Time & Frequency	Instructor
PBHA Case Conference	Case presentation	1 hour, 1st & 2nd Wednesdays, 12 pm (therapist-led); last Wednesday, 12 pm (NP-led, biomedical)	All PBHA clinicians
PBHA Staff Meeting	Operations	1 hour, 3rd Wednesday, 12 pm	All PBHA staff
Behavioral Counseling Supervision	Individual	1 hour, weekly	John Todaro, PhD / Jannette Rey, PhD
Group Supervision (Training Meeting)	Group	1 hour, every other Tuesday, 1 pm	John Todaro, PhD
Psychiatry Grand Rounds, Brown University	Group	1 hour, monthly	Brown Psychiatry faculty

Training Orientation

Orientation takes place during the first week of the fellowship with Dr. John Todaro, Training Director, at PBHA.

Areas of Training Experience

AGE RANGE

- ✓ Children (5–12)
- ✓ Adolescents (13–17)
- ✓ Transition-age youth (18–25)
- ✓ Adults (26–59)
- ✓ Older adults (60+)

SETTING

- ✓ Outpatient clinic
- ✓ Primary care (integrated track)
- ✓ Telehealth

THEORETICAL ORIENTATION

- ✓ Behavioral
- ✓ Cognitive-behavioral
- ✓ Systems

MODALITY

- ✓ Individual
- ✓ Group
- ✓ Family

INTERVENTION

- ✓ Evidence-based practice
- ✓ Crisis intervention
- ✓ Stress management

ASSESSMENT

- ✓ Interview / clinical assessment
- ✓ Cognitive assessment
- ✓ Objective assessment
- ✓ Consultation

DIAGNOSES

- ✓ ADHD
- ✓ Affective disorders
- ✓ Anxiety disorders
- ✓ Trauma / PTSD
- ✓ Behavioral concerns

POPULATIONS

- ✓ Military / veterans
- ✓ LGBTQ+
- ✓ Latino
- ✓ African / Caribbean descent
- ✓ Substance use
- ✓ Trauma / PTSD

Our Offices



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Questions? Contact John F. Todaro, PhD, Director of Training ·
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